

# SPOTLIGHT ON SEND

## Irlen Syndrome

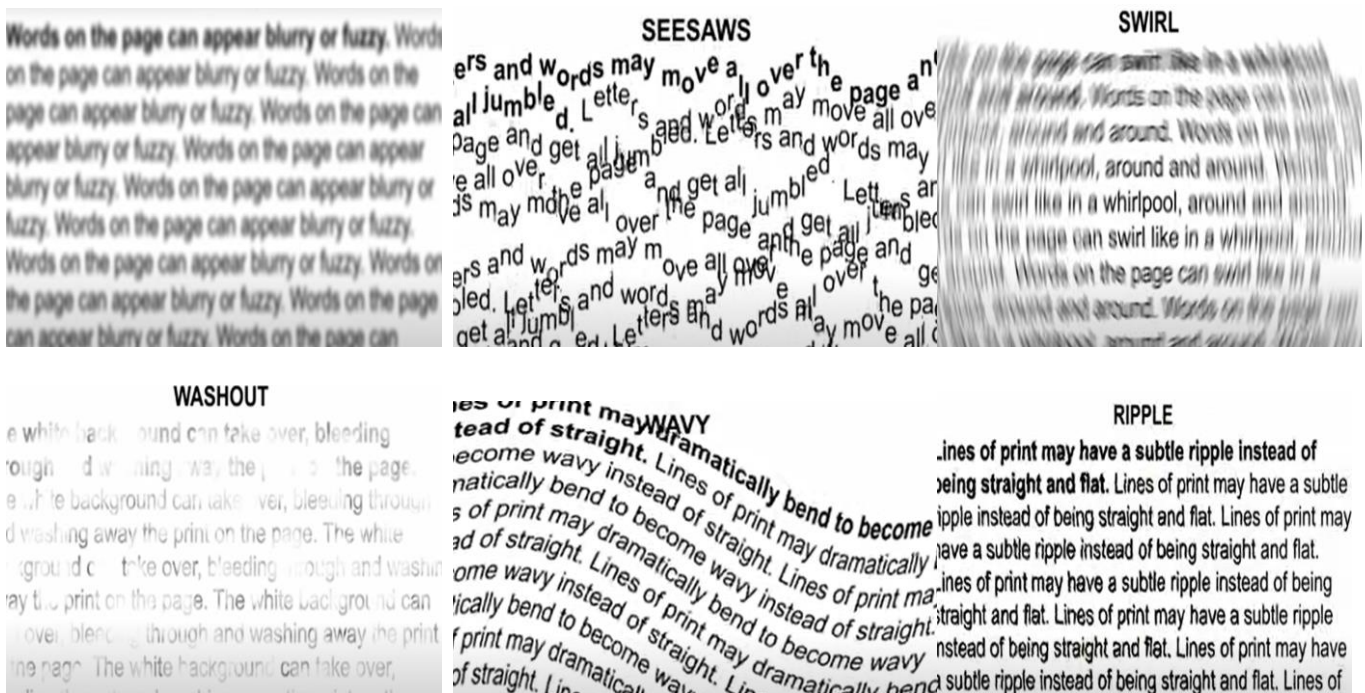
If you have any questions please contact Mrs Downs, our Inclusion Leader.

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Irlen Syndrome is a type of visual or perceptual processing disorder. It can affect the way someone sees something, but it is not a sight or vision problem. Irlen Syndrome can make it difficult for someone to make sense of visual information because their brain has difficulty processing certain wavelengths. Certain lights, especially bright, fluorescent lighting can cause stress for the brain.

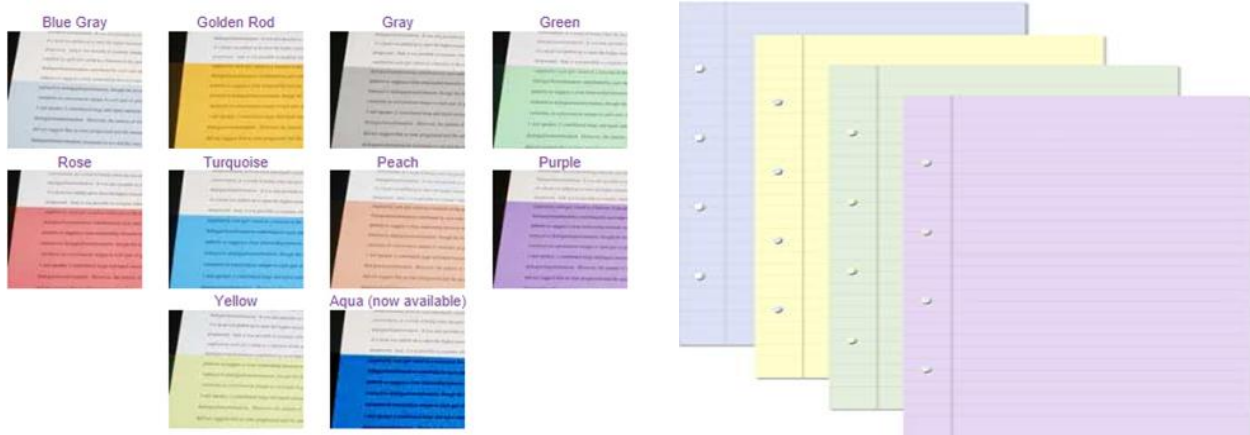
Irlen Syndrome can affect the way people sees things, especially dark writing on white paper. It can cause people difficulties with reading and writing as well as depth perception and judging distance.

Visual Effects: <https://www.youtube.com/watch?v=FARizLljRkc&t=65s>



## Support

Coloured overlays, colored paper, tinted glasses



### Irlen Syndrome.....



I can't think without my glasses.



At home:

- Let your child work in a dimly lit room.
- Allow your child to do work near a window or indirect natural lighting.
- Change the background colour of the computer screen.
- Use any advised Irlen overlays for reading and coloured paper for writing.
- Let the child watch TV in a dimly lit room.
- Avoid using bright colours, stripes, patterns on walls, floors or furnishings.