

YEAR 1

	EYFS	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
GAMES - BALL SKILLS – Hands (Throwing and catching)	The three Prime ELGS of Communication and Language, PSED and Physical Development provide the foundations of which all other learning is built upon. Particularly: Gross Motor Skills ELG Negotiate space and obstacles safely, with consideration for themselves and others. Demonstrate strength, balance and coordination when playing. Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.	<p>Throw underarm and overarm.</p> <p>Catch and bounce a ball.</p> <p>Use rolling skills in a game.</p> <p>Practise accurate throwing and consistent catching.</p>	<p>Throw different types of equipment in different ways, for accuracy and distance.</p> <p>Throw, catch and bounce a ball with a partner.</p> <p>Use throwing and catching skills in a game.</p> <p>Throw a ball for distance.</p> <p>Use hand-eye coordination to control a ball. Vary types of throw used.</p>	<p>Throw and catch with greater control and accuracy.</p> <p>Practise the correct technique for catching a ball and use it in a game.</p> <p>Perform a range of catching and gathering skills with control.</p> <p>Catch with increasing control and accuracy.</p> <p>Throw a ball in different ways (e.g. high, low, fast or slow).</p> <p>Develop a safe and effective overarm bowl.</p>	Develop different ways of throwing and catching.	Consolidate different ways of throwing and catching, and know when each is appropriate in a game.	Throw and catch accurately and successfully under pressure in a game.

COMPOSITES

Master basic movements including throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities

COMPONENTS

	1	2	3	4	5	6	End Point
	Can I dribble the ball with control?	Can I explore and develop different ways of sending a ball	Can I aim while sending a ball?	Can I explore different ways of stopping a ball with my hands?	Can I develop different ways of stopping a ball with my hands, stopping others	Can I combine my sending and receiving skills to keep possession of the ball?	Pupils will be able to pass and move the ball with their hands with increasing accuracy.

		(passing) using my hands?			from passing the ball?		
CONCEPTS Link to concept map	COMPETENCE	COMPETENCE	COMPETENCE	COMPETENCE	COMPETENCE	COMPETENCE	
SKILLS	Catch and bounce a ball.	Throw underarm and overarm.	Throw underarm and overarm.	Practise accurate throwing and consistent catching.	Practise accurate throwing and consistent catching.	Use rolling skills in a game.	
KNOWLEDGE PE Subject Organiser - Dance Year 1	Pupils will be able to send a ball towards a target	Pupils will be able to send a ball towards a target, applying the correct technique.	Pupils will be able to send a ball towards a target, applying the correct technique and aiming carefully.	Pupils will be able to receive and stop a ball.	Pupils will demonstrate developing concentration skills as they focus on the target, their partner and the ball.	Pupils will be able to aim with accuracy in order to send and receive a ball.	Pupils will combine their sending and receiving skills to keep possession. Pupils will explore stopping the ball.
LESSON LINK PE Knowledge Organiser - Complete PE - Year 1 - Ball Skills - Hands 1	Complete PE- Year 1 – Ball Skills - Hands 1	Complete PE- Year 1 – Ball Skills - Hands 1	Complete PE- Year 1 – Ball Skills - Hands 1	Complete PE- Year 1 – Ball Skills - Hands 1	Complete PE- Year 1 – Ball Skills - Hands 1	Complete PE- Year 1 – Ball Skills - Hands 1	
PROGRESSIVE VOCABULARY	dribble bounce control	sending passing target	sending passing target aim	sending passing target aim stop	sending passing target aim stop technique	sending passing target aim stop technique possession	Articulate, demonstrate and recognise subject specific vocabulary
CURRICULUM EXPERIENCES						Apply skills to a team game that involves hand ball skills.	
END POINT	Pupils will explore different ways of sending (passing) the ball to their partner	Pupils will learn and understand why we need to be accurate when sending the ball. Pupils will learn why and how we aim when sending a ball.	Pupils will learn why we need to send a ball using different force and speeds.	Pupils will learn why they need to stop a ball and techniques on how to do this.	Pupils will combine their sending and receiving skills, applying their prior knowledge of where we send a ball and why	Pupils will combine their sending and receiving skills to keep possession of the ball.	

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