

YEAR 2

	EYFS	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
Gymnastics (Linking)	<p>The three Prime ELGS of Communication and Language, PSED and Physical Development provide the foundations of which all other learning is built upon.</p> <p>Particularly: Gross Motor Skills ELG</p> <p>Negotiate space and obstacles safely, with consideration for themselves and others.</p> <p>Demonstrate strength, balance and coordination when playing.</p> <p>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p>	<p>Travel in different ways</p> <p>Stretch in different ways</p> <p>Begin to balance with control</p> <p>Move around, under, over and through different objects and equipment</p> <p>Create a short sequence of movements</p> <p>Log roll</p> <p>Curled side roll (egg roll)</p> <p>Teddy bear roll</p> <p>Straight jump</p> <p>Tuck jump</p> <p>Jumping Jack</p> <p>Half turn jump</p>	<p>Move with increasing control and care</p> <p>Climb onto and jump off equipment safely</p> <p>Hold a shape still whilst balancing on different points of the body</p> <p>Link actions to make a sequence</p> <p>Copy, explore and remember actions to make their own sequence</p> <p>Log roll (controlled)</p> <p>Curled side roll (egg roll) (controlled)</p> <p>Teddy bear roll (controlled)</p> <p>Rocking for forward roll</p> <p>Crouched forward roll</p> <p>Straight jump</p> <p>Tuck jump</p> <p>Jumping Jack</p> <p>Star jump</p> <p>Straddle jump</p> <p>Pike jump</p> <p>Straight jump half turn</p> <p>Cat spring</p> <p>Cat spring to straddle</p>	<p>Link combinations of actions with increasing confidence, including changes of speed, direction and level</p> <p>Move with co-ordination control and care</p> <p>Begin to show flexibility in movement</p> <p>Compose movement sequences independently and with others</p> <p>Crouched forward roll</p> <p>Forward roll from standing</p> <p>Tucked backward roll</p> <p>Straight jump</p> <p>Tuck jump</p> <p>Jumping Jack</p> <p>Star jump</p> <p>Straddle jump</p> <p>Pike jump</p> <p>Straight jump half turn</p> <p>Cat leap</p>	<p>Create a sequence of actions to fit a theme</p> <p>Move with clarity, fluency and expression</p> <p>Show changes of direction, speed and level during a performance</p> <p>Carry out balances, recognising the position of their centre gravity and how this affects the balance</p> <p>Forward roll from standing</p> <p>Straddle forward roll</p> <p>Tucked backward roll</p> <p>Backward roll to straddle</p> <p>Straight jump</p> <p>Tuck jump</p> <p>Jumping Jack</p> <p>Star jump</p> <p>Straddle jump</p> <p>Pike jump</p> <p>Straight jump half turn</p> <p>Straight jump full turn</p> <p>Cat leap half-turn</p>	<p>Select ideas to compose specific sequences of movements, shapes and balance</p> <p>Apply skills and techniques consistently</p> <p>Confidently develop the placement of their body parts in balances, recognising the position of their centre of gravity and where it should be</p> <p>Forward roll from standing</p> <p>Straddle forward roll</p> <p>Pike forward roll</p> <p>Tucked backward roll</p> <p>Backward roll to straddle</p> <p>Tucked backward roll</p> <p>Backward roll to straddle</p> <p>Straight jump</p> <p>Tuck jump</p> <p>Jumping Jack</p> <p>Star jump</p> <p>Straddle jump</p> <p>Pike jump</p> <p>Stag jump</p> <p>Straight jump half turn</p> <p>Straight jump full turn</p>	<p>Create their own complex sequences</p> <p>Demonstrate precise and controlled placement of the body parts in their actions shapes and balances</p> <p>Apply skills and techniques consistently</p> <p>Forward roll from standing</p> <p>Straddle forward roll</p> <p>Pike forward roll</p> <p>Dice forward roll</p> <p>Tucked backward roll</p> <p>Backward roll to straddle</p> <p>Backward roll to standing pike</p> <p>Straight jump</p> <p>Tuck jump</p> <p>Jumping Jack</p> <p>Star jump</p> <p>Straddle jump</p> <p>Pike jump</p> <p>Stag jump</p> <p>Straight jump half turn</p> <p>Straight jump full turn</p>

							Straight jump full turn Cat leap half-turn Split leap	Cat leap half-turn Cat leap full-turn Split leap Stag leap
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COMPOSITES

master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities

COMPONENTS

	1	2	3	4	5	6	End Point
	Can I explore different movements that link together?	Can I develop linking different movements using apparatus?	Can I perform a sequence of movements using different jumps, rolls and balances?	Can I perform a sequence of movements on apparatus using different jumps, rolls and balances?	Can I create my own sequence of movements?	Can I perform my sequence of movements?	Children will be able to perform a sequence of movements using different jumps, rolls and balances.
CONCEPTS Link to concept map	CREATIVITY	COMPETENCE	PERFORMANCE	PERFORMANCE	CREATIVITY	PERFORMANCE	
SKILLS	Explore and create a short sequence of movements	Climb onto and jump off equipment safely	Roll, jump and balance with control	Roll, jump and balance with control using different equipment	Create a short sequence of linked actions	Apply knowledge to perform a sequence of linked movements	Explore, create and perform different rolls, balances and jumps
KNOWLEDGE Gymnastics Linking.pdf	Children will add two movements together and move between them without stopping	Children will add two movements together and move between them without stopping using the floor and apparatus	Children will perform a combination of controlled jumps, rolls and balances	Children will perform a combination of controlled jumps, rolls and balances on apparatus	Children will develop their own combination of controlled movements	Children will demonstrate their understanding of sequence by linking different jumps, rolls and balances	Children will be able to perform a sequence of movements using their understanding of different jumps rolls and balances. Children will link each movement together and incorporate apparatus as part of their sequence.
LESSON LINK	Lesson 1.pdf	Lesson 2.pdf	Lesson 3.pdf	Lesson 4.pdf	Lesson 5.pdf	Lesson 6.pdf	
PROGRESSIVE VOCABULARY	movement link roll	movement link roll balance	movement link roll balance jump	movement link roll balance jump	movement link roll balance jump	movement link roll balance jump	Articulate and recognise subject specific vocabulary
CURRICULUM EXPERIENCES						Children to perform to a different class.	

END POINT	Children will be able to link different movements together.	Children will be able to link different movements together using an apparatus.	Children will be able to perform different jumps, rolls and balances of their choice.	Children will be able to perform different jumps, rolls and balances of their choice using apparatus.	Children will be able to create their own three movements and link them together.	Children will be able to perform their sequence of movements in front of their peers.	
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