

Thanet Family Hubs Timetable

9th September 2024 -
13th December 2024

Whats on at our Family Hubs:

Birchington
03000 411210
Park Lane
Birchington
CT7 0AS
BirchingtonFH@kent.gov.uk

Cliftonville
03000 421129
26 St Pauls Road
Cliftonville, Margate
CT9 2DB
CliftonvilleFH@kent.gov.uk

Millmead
01843 280555
Dane Valley Road
Margate
CT9 3RU
admin@surestartmillmead.org.uk



All of our groups and services are free to attend.

Monday

Little Talkers
9.30am - 10.30am
Millmead

Requires
Booking

Family Fun Time
9.30am - 11am
Birchington
Starting 14th Oct

Baby First Aid
9.30am - 11.30am
Cliftonville
18th Nov

Requires
Booking

Introducing Solids
10.30am - 11.30am
Millmead 30th Sept
Cliftonville 28th Oct

Family Fun Time
1pm - 2.30pm
Cliftonville

**Online Supporting
ADHD in the Home**
7pm - 9pm
4th - 25th Nov

Requires
Booking

Tuesday

Talking Walk-ins
9.30am - 11.30am
Millmead
3rd Tues of the month

Baby Steps & Cafe
9.30am - 11am
Cliftonville

**Online Autism
Awareness**
7pm - 9pm
1st - 22nd Oct

**Online Who's
Pulling the Strings**
7pm - 9pm
12th Nov - 3rd Dec

Wednesday

Healthy Child Clinic
9.30am - 11.30am
Millmead

**Infant Feeding
Support**
9.30am - 4.30pm
Millmead

Referral
Only

Triple P Baby
9.30am - 11.30am
Millmead
6th - 27th Nov

Requires
Booking

Thursday

United Mothers
9.30am - 11am
Cliftonville

Requires
Booking

Outdoor Explorers
9.30am - 10.30am
Birchington
Starting 19th Sept

Baby Massage
10am - 11am
Millmead
3rd - 24th October

Friday

Stay and Play
9.30am - 11am
Millmead

Healthy Child Clinic
9.30am - 11.30am
Birchington

Requires
Booking

Cygnets
9.30am - 11.30am
Millmead
6th Sept - 11th Oct

Sensory Room
Book our new sensory room
for a free 1 hour slot Tuesdays
or Wednesdays,
9.30am, 11am or 1.30pm
at Cliftonville Family Hub
from 23rd September.
03000 421 129
CliftonvilleFH@kent.gov.uk

**Please turn the
page for more
information and
what is running at
our other
Family Hubs**

Timetable

9th September 2024 to
13th December 2024

Whats on at our Family Hubs:

Newington
03000 411043
Princess Margaret Ave
Ramsgate
CT12 6HX
NewingtonFH@kent.gov.uk

Newlands
03000 411042
Dumpton Lane
Ramsgate
CT11 7AJ
NewlandsFH@kent.gov.uk

Priory
03000 411041
Cannon Road
Ramsgate
CT11 9SQ
PrioryFH@kent.gov.uk



All of our groups and services are free to attend.

Monday

Little Talkers
9.30am - 10.30am
Newlands
16th Sept - 21st Oct

Requires Booking

Healthy Child Clinic
9.30am - 11am
Priory

Infant Feeding Support Group
1pm - 3pm
Priory

Talking Walk-ins
9.30am - 11.30am
Newington
1st & 3rd Mon of month

Baby Cafe
12.30pm - 1.30pm
Newington

Baby Steps
1.30pm - 2.30pm
Newington

Tuesday

Managing Behaviour Strategies
9.30am - 11.30am
Newlands

Little Discoverers
10am - 11am
Newington

Healthy Child Clinic
1pm - 3pm
Newington

Requires Booking

Introducing Solids
1.30pm - 2.30pm
Priory
26th Nov

Wednesday

Cygnets
9.30am - 11.30am
Priory
6th Nov - 11 Dec

Requires Booking

Family First Aid
9.30am - 11.30am
Newington
6th - 20th Nov

SEND Cafe
12.30pm - 2pm
Newington

Monthly

Thursday

Talking Walk-ins
9.30am - 11.30am
Newlands
4th Thurs of the month

SEND Superheroes
10am - 11.30am
Newington

Invite only

Family Fun Time
1pm - 2.30pm
Newlands

Sensory Room
Book our sensory room for a free 1 hour slot Tuesdays, Wednesdays or Fridays, 9.30am, 11am or 1.30pm at Newington Family Hub.
03000 411043
NewingtonFH@kent.gov.uk

Saturday

Monthly

Dads Together
10am - 11am
Newington

Friday

Family Fun Time
9.30am - 11am
Priory

SEND Session 12 - 15 years old
4.30pm - 6pm
Priory
Starting 8th Nov

Invite only

Triple P Baby
9.30am - 11.30am
Newington
13th Sept - 4th Oct

Requires Booking

Thanet Family Hubs Timetable

9th September 2024 -
13th December 2024

Whats on at our Family Hubs:

Margate
03000 411666
201 High Street
Margate
CT9 1WH
MargateFH@kent.gov.uk

Northdown Road
03000 414363
Zion Place
Margate
CT9 1RP
NorthdownRoadFH@kent.gov.uk

Please note: Northdown Road Family Hub will be closed until 13th September. All services will start here week commencing **Monday 16th September**



All of our groups and services are free to attend.

Monday

Talking Walk-ins
9.30am - 11.30am
Northdown Road
2nd & 4th Mon of month

Breastfeeding Cafe
12pm - 1.30pm
Northdown Road

Monthly

Baby Steps & Cafe
1.30pm - 3pm
Margate

Cost of Living
1pm - 4pm
Margate

Requires Booking

Family First Aid
12.30pm - 2.30pm
Margate
16th - 30th Sept

Young Lives Foundation
6.30pm - 8.15pm
Northdown Road

Invite only

Tuesday

SEND Superheroes
10am - 11.30am
Margate

Invite only

The 8bit Experience
11-16 years old
4pm - 8pm
Northdown Road

SEND Session
12 - 15 years old
5pm - 6.30pm
Northdown Road

Invite only

SEND Cafe
5pm - 6.30pm
Northdown Road

Monthly

Wednesday

Family Fun Time
1pm - 2.30pm
Northdown Road

Infant Feeding Support Group
9.30am - 11.30am
Margate

Rock Band
11 - 16 years old
4pm - 8pm
Northdown Road

SEND Session
16 years old +
6pm - 8pm
Northdown Road

Invite only

Thursday

Healthy Child Clinic
9.30am - 11.15am
Northdown Road

Managing Behaviour Strategies
12.30pm - 2.30pm
Margate

Requires Booking

Little Explorers
1.30pm - 2.30pm
Margate
19th Sept - 24th Oct

The Forge
15 - 19 years old
4pm - 8pm
Northdown Road

Requires Booking

Friday

Little Bookworms
10am - 11am
Margate
27th Sept - 17th Oct

Requires Booking

United Mothers Wellbeing Group
11.45am - 2.15pm
Northdown Road

Veilbreakers Games Night
11 - 19 years old
4pm - 8pm
Northdown Road

Invite only

Sensory Room

Book our sensory room for a free 1 hour slot Mondays - Fridays, 9.30am, 11am or 1.30pm at Margate Family Hub.
03000 411666
MargateFH@kent.gov.uk

Year 1 -
Year 6

After School Club

Coming Soon

A drop in after school session for children from school year 1 - year 6, who can be dropped off to enjoy a variety of fun indoor and outdoor activities.

Children must be collected on time

Baby First Aid

1 session on 18th November

Learn choking techniques, baby and toddler safety tips, recognising signs of head injury and how to place a baby into the recovery position.

There are no childcare facilities. Babies 6 months and under can attend the session.

Booking required

8 Weeks
to
6 Months

Baby Massage

4 week course - Coming Soon

Baby Massage enables you to learn about and respond to your baby's body language. It is also a wonderful way to make your baby feel safe and secure.

Booking required

Birth -
12
months

Baby Steps & Cafe

Term Time Only

A group for parents/carers with babies. Providing a friendly and welcoming environment to socialise and join in with play activities which you can recreate at home.

Drop in

Breastfeeding Cafe

Last Monday of each month

Drop in to our free cafe and meet other breastfeeding parents and receive support and advice on infant feeding.

Drop in

Cost of Living

Get help to support you with the rising costs you might be facing. Meet with one of the friendly advisors and see what help is available for your family.

Booking required by emailing
ThanetFHEvents@kent.gov.uk

Cygnets

Millmead - 6/9/24 to 11/10/24

Priory - 6/11/24 to 11/12/24

6 wk course for parents of 5 - 18 yrs with a diagnosis, or on the pathway of ASC. Develop your understanding of autism and look at practical solutions for you.

To book, speak to a professional who knows your child.

0 - 5
Years
Old

Dad's Together

Running on the first Saturday of each month (excluding January)

A stay and play group for male carers with children aged birth - 5 years (older siblings welcome too). The chance to meet other families, meet other dads and participate in fun activities with your children.

Drop in

Family First Aid

Margate - 16/9/24 to 30/9/24

Newington - 6/11/24 to 20/11/24

A 3 week basic family first aid course for parents / carers of babies and young children.

There are no childcare facilities. Babies 6 months and under can attend the session.

Booking required

0 - 5
Years
Old

Family Fun Time & Stay and Play

Term Time Only

A group for families with children up to 5 years old. The chance to meet other families, make new friends and participate in fun activities with your children, whilst learning how they play.

Drop in

Healthy Child Clinics & Infant Feeding Support Groups

See the Health Visiting Team who offer health, advice and guidance, including support with infant feeding. For children under 5. If booking required, call Health Visitor Duty Line on 03000 134740, option 1.

Birchington & Newington clinics require booking

5 - 8
months
old

Introducing Solids

Millmead - 30th Sept

Cliftonville - 28th Oct

Priory - 26th Nov

A one-off session, suitable for babies from 5 - 8 months old. Run with the Health Visiting Team, learn tips on how to introduce solids.

Book by calling 03000 411210

More Information



2 - 4
Years
Old

Little Bookworms

4 week course

27th September - 17th October

A course bringing stories alive with the use of puppets and books. Receive a free bookstart pack at the end of the course!

Booking Required

0 - 5
Years
Old

Little Discoverers

Term Time Only

A drop in group for families to come to explore and make discoveries through play. The last session of each month will be all outdoor play! Join the fun, meet other families, and make new friends.

Drop in

6
months -
5 years

Little Explorers

6 Week Group

19th Sept - 24th Oct

Explore the world with your senses, experience a different theme each week and introduce your little one to fun, creative and sensory experiences.

Booking Required

2 - 4
Years
Old

Little Talkers

6 Week Course

16th September - 21st October

A course for parents/carers to learn new techniques and useful hints and tips for developing your child's speech, involving fun activities and turn taking.

Booking Required

Managing Behaviour Strategies

Margate - 12/09/24 & 14/11/24

Newlands - 24/09/24 & 26/11/24

Join a one off session where we can explore behaviours and strategies with you in an informal and friendly group. Leave feeling more informed and confident with techniques you can use straight away.

Booking Required

Online Autism Awareness

1/10/24 to 22/10/24

A 4 week course run virtually on Zoom, designed to help you understand and look at the various principles of autism and the different aspects that can be present.

Booking Required

Online Supporting ADHD in the Home

4/11/24 to 25/11/24

A 4 week course run virtually on Zoom, designed to give parents and carers an understanding of ADHD behaviours and offers practical advice on how to support children in the home

Booking Required

Online Who's Pulling The Strings

12/11/24 to 3/12/24

A 4 week course run virtually on Zoom, designed to provide support and guidance for families (with young people from 11 - 19 years) experiencing challenges with the balance of power in the home

Booking Required

Birth - 5
years

Outdoor Explorers

Term Time Only

Grab your boots and join us as we explore the outdoors giving you the chance to get the most out of our lovely garden.

This group involves being outdoors in all weathers so please wear appropriate clothing.

Drop in

11 - 16
years
old

Rock Band

A 15 week programme which is designed to help beginner musicians develop their practical skills, form bands, write original music and learn the process of starting from nothing to having a set of songs which are ready to be played live.

Book by visiting

www.rockstarexperience.org/event

Adult
only

Send Cafe

Northdown Rd - First Tues of the month

Newington - Last Weds of the month

A drop in cafe for parents/carers. With staff on hand to help you with understanding your child's needs, tips and strategies to help at home, signposting to local SEND Support Services and getting the best from your child's education.

SEND Sessions 5 - 8 years old
SEND Sessions 9 - 11 years old

Coming Soon

A safe, welcoming, informal, non-judgemental environment where your child can access activities available to support a wide range of additional needs.

For 5 - 8 year olds parents can stay

www.kent.gov.uk/familyhub

Family Hub Sites are run
by Kent County Council

More Information



SEND Sessions 12 - 15 years old SEND Sessions 16 years old +

Term Time Only Priority starting from 8th November

Have fun and make new friends in a safe and supportive environment. try new activities - arts and crafts, sports, music and receive physical, emotional and mental wellbeing support.

Invite Only

Under 5's

Send Superheroes

A group for families with children open to Children's Care Coordination Team. A welcoming, informal, non-judgemental environment where you and your child can access activities available to support a wide range of needs, with on-the-spot support. For more information, call 03000 134740

Invite Only

Talking Walk-ins

Concerned about your pre-school child's speech, language or communication skills?

Talking Walk-ins are play-based drop-in sessions where you can speak to a speech and language therapist or other staff. For families with pre-school children only.

Drop in

11 - 16 years old

The 8bit Experience

A 15 wk programme, to introduce visual game coding, graphic design and music composition. With benefits including pathways to careers and further education in creative sectors, developing new and fun skills, and growing self-confidence.

Book by visiting

www.rockstarexperience.org/event

15 - 19 years old

The Forge

A 15 wk music programme, using heavy metal and rock music as a platform. Develop new skills and learn to play in a rock band.

Book by visiting

www.rockstarexperience.org/event

11 - 19 years old

Veilbreakers Games Night

Join us to play Dungeons and Dragons. A group for new players, which will be social, fun and light-hearted, with adventure where players will design their characters, role play and collaborate as they work towards success in an ongoing campaign.

Book by visiting

www.rockstarexperience.org/event

United Mothers

This ESOL group supports women to improve their English in a supportive environment with a tutor with lived experience of moving to the UK. Book by calling 07516 552928 or email admin@beyondthepage.org.uk

Invite Only

United Mothers Wellbeing Group

A group for migrant women to meet new friends and engage in different well-being activities such as singing and dancing. Creche facilities and refreshments are provided.

Book by calling 07516 552928 or email admin@beyondthepage.org.uk

Invite Only

Triple P Baby

Newington - 13/09/24 to 4/10/24

Millmead - 6/11/24 to 27/11/24

A 4-week course, for expectant parents and those with babies under 12 months. Giving you practical strategies to create the best environment for your baby's development and feel more confident on your parenting journey.

Booking Required

Young Lives Foundation

Referral to group only from YLF intervention and mentoring scheme which takes place to support young people 1:1 with emotional wellbeing and resilience building and supports into a group setting. Session ages 11 - 18 years

Invite Only

Young Parents

Coming Soon

A support group for parents and parents-to-be up to the age of 20 years. Creative and fun sessions with information, advice and an opportunity to make new friends.

Drop in

@ThanetFamilyHubs



@Thanet_Family_Hubs



@Thanet_Family_Hubs_11_to_19



Healthy Start Vitamins

Are you eligible for Healthy Start Vitamins?

If so, complete this form to order Healthy Start Vitamins to your door:



Free for 2

Some 2 year olds can get up to 15 hours of free childcare per week!

For more information and how to apply:



Useful Contacts:

Health Visitor
03000 134740

Midwife
EKHUFT.ThanetMidwives@nhs.net

Please Note:

For Health and Safety reasons, there are room capacity limits in place. Unfortunately we may have limit numbers.

For more information about opening times and booking, give your friendly local hub a call

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council